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Spiritual Retreats 2022

The following spiritual retreats have been organised at the various venues listed below in 2022.

01/27/2022

Venues:

Nairobi (Kenya)

- Tigoni Study Centre
- Tigoni House
- Strathmore School
- Eastlands College

Mombasa (Kenya)

- Jahazi Conference Centre
- Nyali

Kampala (Uganda)

- Tusimba Study Centre
- Tusimba House

Kisumu (Kenya)

Bungoma (Kenya)

Dar es Salam (Tanzania)

Moshi (Tanzania)

Women

- Retreat for Women
- Retreat for Young Women
- Retreat for University & College Students

Men

- Retreats for Men
- Retreats for Young Men (young professionals)
- Retreats for University & College Students
- Retreats For Priests
- Seminar For Priests
- Seminar for Seminarians
- Spiritual Retreats for School boys

For women

Weekend: Thursday 7pm - Sunday 4pm

Weekday: Monday 10am -Wednesday 4pm

31-Jan to 02-Feb ** **Tigoni Study Centre**

13-Jan to 16-Jan * Tigoni House

03-Feb to 06-Feb * **Tigoni Study Centre**

07-Mar to 09-Mar * **Tigoni Study Centre**

17-Mar to 20-Mar **Tusimba Study Centre**

07-Apr to 10-Apr * **Tigoni Study Centre**

14-Apr to 17-Apr ** **Tigoni Study Centre**

19-May to 22-May ** **Tigoni Study Centre**

02 June to 05 June **Tigoni Study Centre

23-Jun to 26-Jun Tusimba House

23-Jun to 26-Jun *** Tigoni House

23-Jun to 26-Jun ****Jahazi

07-Jul to 10-Jul * **Tigoni Study Centre**

21-Jul to 24-Jul ** **Tigoni Study Centre**

08-Sep to 11-Sep *** **Tigoni House** Kiswahili

31-Aug to 03-Sep **Tusimba Study Centre**

06-Oct to 09-Oct **Tusimba Study Centre**

24-Oct to 26-Oct ** **Tigoni Study Centre**

27-Oct to 30-Oct * **Tigoni Study Centre**

17-Nov to 20-Nov ** **Tigoni Study Centre**

17-Nov to 20-Nov *** **Tigoni House** Kiswahili

01-Dec to 04-Dec ** **Tigoni Study Centre**

05-Dec to 08-Dec * **Tigoni Study Centre**

Reservations:

* Samara: +254 202406491

MPesa Paybill 890200 Kianda Foundation

** Olokira: +254 703034470/2

***Watani: +254 572522743

**** Jawabu: +254 726895206 or +254 720313841

Tusimba Study Centre and House: +256 773781896 or +256 783488419

For young women

Young Professionals

Weekend: Thursday 7pm - Sunday 4pm

02-Jun to 05-Jun *Tigoni House

04-Aug to 07-Aug *Tigoni House

01-Sep to 04-Sep ***Tigoni House**

10-Nov to 13-Nov *Tigoni House

01-Dec to 04-Dec **Tigoni House

Reservations:

*Roshani +254 202712258

**Watani: +254 572522743

University & College Students

Weekend: Thursday 7pm - Sunday 4pm

10-Feb to 13-Feb ** Tigoni House

17-Feb to 20-Feb ***Jahazi

28-Apr to 01-May * **Tigoni House**

16-Jun to 19-Jun * **Tigoni House**

25-Aug to 28-Aug ** **Tigoni House**

13-Oct to 16-Oct * **Tigoni House**

20-Oct to 23-Oct ***Jahazi

27-Oct to 30-Oct ** **Tigoni House**

Reservations:

* Fanusi: +254 202694139

Mpesa Paybill 565240 Fanusi Centre

** Keri: +254 703034480/1

***Jawabu: +254 726895206 or +254 720313841

For men

Weekend: Thursday 7pm - Sunday 4pm

17-Feb to 20-Feb **Tusimba Study Centre**

24-Feb to 27-Feb **Tigoni Study Centre**

10-Mar to 13-Mar **Tusimba Study Centre**

10-Mar to 13-Mar **Bungoma**

24-Mar to 27-Mar Nyali (Mombasa)

31-Mar to 03-Apr **Tigoni Study Centre**

26-May to 29-May **Tigoni Study Centre**

30-May to 01-Jun **Tigoni House Kiswahili**

16-June to 19-June Nyali (Mombasa)

08-Jul to 10-Jul Moshi

21-Jul to 24-Jul **Tusimba Study Centre**

28-Jul to 31-Jul **Tigoni Study Centre**

22-Sep to 25-Sep **Tigoni Study Centre**

07-Oct to 10-Oct **Tigoni House Kiswahili**

13-Oct to 16-Oct Bungoma

20-Oct to 23-Oct Nyali (Mombasa)

20-Oct to 23-Oct **Tusimba Study Centre**

10-Nov to 13-Nov Eldoret

24-Nov to 27-Nov **Tigoni Study Centre**

28-Nov to 30-Nov **Tigoni Study Centre**

For Young men

Weekend: Thursday 7pm - Sunday 4pm

Young Professionals

31-Mar to 03-Apr **Tigoni House Young professionals**

22-Sep to 25-Sep **Strathmore Residence**

20-Oct to 23-Oct **Tigoni House Young professionals**

University & College Students

28-Jan 11:00AM to 30-Jan 5:00PM **Nyali (Mombasa)**

17-Feb to 20-Feb Sango (Kisumu)

24-Feb to 27-Feb Tusimba House

25-Feb to 27-Feb **Strathmore Residence**

- 24-Mar to 27-Mar Tusimba House
- 12-May to 15-May **Tigoni House**
- 13-May to 15-May **Strathmore Residence**
- 09-Jun to 12-Jun **Tigoni House**
- 28-Jul to 31-Jul **Tigoni House**
- 11-Aug to 14-Aug **Tigoni House**
- 15-Sep to 18-Sep Tusimba House
- 22-Sep to 25-Sep Tigoni House
- 29-Sep to 02-Oct **Tigoni House**
- 30-Sep 11:00AM to 02-Oct 5:00PM **Nyali (Mombasa)**
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- 21-Oct to 23-Oct **Strathmore Residence**
- 24-Nov to 27-Nov **Tigoni House**
- 24-Nov to 27-Nov Dar es Salam

25-Nov 11:00 AM to 27-Nov 5:00 PM **Nyali (Mombasa)**

Reservations:

Imara Educational Foundation+254 717381280

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

Spiritual Retreat for Priests

Weekday: Monday 10am - Friday 10am

07-Feb to 11-Feb **Tusimba Study Centre**

02-May to 06-May **Tigoni Study Centre**

27-Dec to 31-Dec Jahazi

Seminar for Priests

05-Sep to 9-Sep Jahazi

Seminar for Seminarians

02-May to 06-May **Tigoni House KENYA**

23-May to 27-May **Tusimba House UGANDA**

Reservations:

Imara Educational Foundation

+254 717381280

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

Spiritual Retreats for School boys

28-Jan to 30-Jan *Tigoni House

05-Feb to 06-Feb *****Eastlands College**

29-Apr 11:00 AM to 01-May 5:00 PM ****Nyali (Mombasa)**

28-May to 29-May ***Eastlands College

13-Aug to 14-Aug ***Eastlands College

28-Nov to 30-Nov *Tigoni House

Reservations:

*Hodari +254 720 278 295

**Nyali +254 720 388 255

***Eastlands Centre +254 718 340 800

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