

opusdei.org

Spiritual Retreats 2021

The following spiritual retreats have been organised at the various venues listed below in 2021.

02/24/2021

Venues:

Nairobi (Kenya)

- **Tigoni Study Centre**
- **Tigoni House**
- **Strathmore School**

Mombasa (Kenya)

- **Jahazi Conference Centre**

Kampala (Uganda)

- **Tusimba Study Centre**
- **Tusimba House**

Kisumu (Kenya)

Meru (Kenya)

Bungoma (Kenya)

Dar es Salam (Tanzania)

Women

- **Retreat for Women**
- **Retreat for Young Women**
- **Retreat for School Girls**
- **Retreat for Hospitality Students**
- **Retreat for University & College Students**

Men

- Retreats for Men
- Retreats for Young Men (young professionals)

- Retreats for University & College Students

- Retreats For Priests
- Seminar For Priests
- Seminar for Seminarians
- Spiritual Retreats for School boys

For women

Weekend: Thursday 7pm - Sunday 4pm

Weekday: Monday 10am - Wednesday 4pm

28-Jan to 31-Jan* Tigoni Study Centre

**25-Feb to 28-Feb* Tigoni Study
Centre**

**22-Mar to 24-Mar* Tigoni Study
Centre**

**24-Mar to 27-MarTusimba Study
Centre**

15-Apr to 18-Apr * Tigoni House**

**13-May to 16-May* Tigoni Study
Centre**

**20-May to 23-May Tusimba Study
Centre**

**27-May to 30-May* Tigoni Study
Centre**

**07-Jun to 09-Jun* Tigoni Study
Centre**

08-Jul to 11-Jul* Tigoni Study Centre

**22-Julto 25-JulTusimba Study
Centre**

**29-Jul to 01-Aug* Tigoni Study
Centre**

**16-Aug to 18-Aug* Tigoni Study
Centre**

19-Aug to 22-Aug* Tigoni House
Kiswahili**

**21-Oct to 24-Oct* Tigoni Study
Centre**

**28-Oct to 31-Oct* Tigoni Study
Centre**

**28-Oct to 31-Oct Tusimba Study
Centre**

11-Nov to 14-Nov** Jahazi**

11-Nov to 14-Nov* Tigoni House**

**15-Nov to 17-Nov* Tigoni Study
Centre**

**02-Dec to 05-Dec* Tigoni Study
Centre**

06-Dec to 09-Dec* Tigoni Study Centre

Reservations:

* *Samara*: +254 202406491

MPesa Paybill 890200 Kianda Foundation

** Olokira: +254 703034470/2

***Watani: +254 572522743

**** Jawabu: +254 726895206 or +254 720313841

Tusimba Study Centre: +256 773781896 or +256 783488419

For young women

Young Professionals

Weekend: Thursday 7pm - Sunday 4pm

25-Mar to 28-Mar***Tigoni House**

03-Jun to 06-Jun ***Tigoni House**

05-Aug to 08-Aug ***Tigoni House**

18-Nov to 21-Nov ***Tigoni House**

02-Dec to 05-Dec **** Tigoni House**

Reservations:

**Roshani +254 202712258*

***Watani: +254 572522743*

School Girls

**Weekend: Thursday 7pm - Sunday
4pm**

02-Aug to 04-Aug **Tigoni House**

22-Nov to 24-Nov **Tigoni House**

Reservations:

*Faida: +254 721243131 or +254
738139999*

MPesa Paybill 910196 Faida Centre

Watani: +254 572522743

Jawabu: +254 726895206 or +254
720313841

Hospitality Students

16-Sep to 19-Sep **Tigoni House**

Reservations:

Kibondeni College +254 721201117

University & College Students

**Weekend: Thursday 7pm - Sunday
4pm**

11-Feb to 14-Feb **Jahazi**

26-Aug to 29-Aug** **Tigoni House**

16-Sep to 19-Sep **Jahazi**

07-Oct to 10-Oct* **Tigoni House**

Reservations:

* *Fanusi*: +254 202694139

Mpesa Paybill 565240 Fanusi Centre

** *Keri*: +254 703034480/1

For men

**Weekend: Thursday 7pm - Sunday
4pm**

**18-Feb to 21-Feb Tusimba Study
Centre**

**11-Mar to 14-Mar Tusimba Study
Centre**

**11-Mar to 14-Mar Tigoni Study
Centre**

25-Mar to 28-Mar Jahazi

**29-Apr to 02-May Tigoni Study
Centre**

**07-May to 09-May Tigoni House
Kiswahili**

28-May to 30-May **Jahazi Young professionals**

24-Jun to 25-Jul **Tigoni Study Centre**

24-Jun to 27-Jun **Jahazi**

29-Jul to 01-Aug **Tusimba Study Centre**

23-Sep to 26-Sep **Tigoni Study Centre**

01-Oct to 03-Oct **Tigoni House Kiswahili**

21-Oct to 24-Oct **Jahazi**

21-Oct to 24-Oct **Tusimba Study Centre**

25-Nov to 28-Nov **Tigoni Study Centre**

29-Nov to 01-Dec **Tigoni Study Centre**

For Young men

**Weekend: Thursday 7pm - Sunday
4pm**

Young Professionals

20-May to 23-May **Tigoni House**

10-Jun to 13-Jun **Tigoni House**

14-Oct to 17-Oct **Tigoni House***

Reservations:

+254729852647

** Riverside Residence +254700480480*

University & College Students

28-Jan to 31-Jan **Nyali**

11-Feb to 14-Feb **Tusimba House**

24-Jun to 27-Jun **Tigoni House**

22-Jul to 25-Jul **Tigoni House**

12-Aug to 15-Aug **Tigoni House**

23-Sep to 26-Sep **Tigoni House**

30-Sep to 03-Oct **Nyali**

16-Sep to 19-Sep **Tusimba House**

04-Oct to 06-Oct **Tigoni House**

21-Oct to 24-Oct **Tusimba House**

25-Nov to 28-Nov **Tigoni House**

25-Nov to 28-Nov **Nyali**

Reservations:

*Imara Educational Foundation+254
717381280*

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

Spiritual Retreat for Priests

**Weekday: Monday 10am - Friday
10am**

08-Feb to 12-Feb **Tusimba Study Centre**

03- May to 07-May **Tigoni Study Centre**

27-Dec to 31-Dec **Jahazi**

Seminar for Priests

6-Sep to 10-Sep **Jahazi**

Seminar for Seminarians

4-May to 7-May **Tigoni House**

24-May to 28-May **Tusimba House**

Reservations:

Imara Educational Foundation

+254 717381280

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

Spiritual Retreats for School boys

12-Mar to 14-Mar******Eastlands Centre**

29-Apr to 02-May **Tigoni House**

29-Apr to 02-May****Nyali**

31-May to 02-Jun******Eastlands Centre**

08-Oct to 10-Oct******Eastlands Centre**

29-Nov to 01-Dec ***Tigoni House**

Reservations:

*Hodari +254 720 278 295

**Nyali +254 720 388 255

****Eastlands Centre +254 718 340 800

pdf | document generated
automatically from [https://opusdei.org/
en-ke/article/spiritual-retreats-2021/](https://opusdei.org/en-ke/article/spiritual-retreats-2021/)
(03/21/2026)