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Spiritual Retreats 2021

The following spiritual retreats have been organised at the various venues listed below in 2021.

02/24/2021

Venues:

Nairobi (Kenya)

- Tigoni Study Centre
- Tigoni House
- Strathmore School

Mombasa (Kenya)

• Jahazi Conference Centre

Kampala (Uganda)

- Tusimba Study Centre
- Tusimba House

Kisumu (Kenya)

Meru (Kenya)

Bungoma (Kenya)

Dar es Salam (Tanzania)

Women

- Retreat for Women
- Retreat for Young Women
- Retreat for School Girls
- Retreat for Hospitality Students
- Retreat for University & College Students

Men

- Retreats for Men
- Retreats for Young Men (young professionals)
- Retreats for University & College Students
- Retreats For Priests
- Seminar For Priests
- Seminar for Seminarians
- Spiritual Retreats for School boys

For women

Weekend: Thursday 7pm - Sunday 4pm

Weekday: Monday 10am -Wednesday 4pm

28-Jan to 31-Jan* **Tigoni Study Centre**

25-Feb to 28-Feb* Tigoni Study Centre

22-Mar to 24-Mar* Tigoni Study Centre

24-Mar to 27-Mar**Tusimba Study Centre**

15-Apr to 18-Apr *** **Tigoni House**

13-May to 16-May* **Tigoni Study Centre**

20-May to 23-May Tusimba Study Centre

27-May to 30-May* Tigoni Study Centre

07-Jun to 09-Jun* **Tigoni Study Centre**

08-Jul to 11-Jul* Tigoni Study Centre

22-Julto 25-Jul**Tusimba Study Centre**

29-Julto 01-Aug* **Tigoni Study Centre**

16-Aug to 18-Aug* Tigoni Study Centre

19-Aug to 22-Aug*** **Tigoni House** Kiswahili

21-Oct to 24-Oct* **Tigoni Study Centre**

28-Oct to 31-Oct* Tigoni Study Centre

28-Oct to 31-Oct Tusimba Study Centre

11-Nov to 14-Nov**** Jahazi

11-Nov to 14-Nov*** Tigoni House

15-Nov to 17-Nov* **Tigoni Study Centre**

02-Dec to 05-Dec* **Tigoni Study Centre**

06-Dec to 09-Dec* Tigoni Study Centre

Reservations:

* Samara: +254 202406491

MPesa Paybill 890200 Kianda Foundation

** Olokira: +254 703034470/2

***Watani: +254 572522743

**** Jawabu: +254 726895206 or +254

720313841

Tusimba Study Centre: +256 773781896 or +256 783488419

For young women

Young Professionals

Weekend: Thursday 7pm - Sunday 4pm

25-Mar to 28-Mar*Tigoni House

03-Jun to 06-Jun*Tigoni House

05-Aug to 08-Aug***Tigoni House**

18-Nov to 21-Nov***Tigoni House**

02-Dec to 05-Dec** **Tigoni House**

Reservations:

*Roshani +254 202712258

**Watani: +254 572522743

School Girls

Weekend: Thursday 7pm - Sunday 4pm

02-Aug to 04-Aug**Tigoni House**

22-Nov to 24-Nov**Tigoni House**

Reservations:

Faida: +254 721243131 or +254 738139999

MPesa Paybill 910196 Faida Centre

Watani: +254 572522743

Jawabu: +254 726895206 or +254

720313841

Hospitality Students

16-Sep to 19-Sep Tigoni House

Reservations:

Kibondeni College +254 721201117

University & College Students

Weekend: Thursday 7pm - Sunday 4pm

11-Feb to 14-Feb Jahazi

26-Aug to 29-Aug** Tigoni House

16-Sep to 19-Sep Jahazi

07-Oct to 10-Oct* Tigoni House

Reservations:

* Fanusi: +254 202694139

Mpesa Paybill 565240 Fanusi Centre

** Keri: +254 703034480/1

For men

Weekend: Thursday 7pm - Sunday 4pm

18-Feb to 21-Feb **Tusimba Study Centre**

11-Mar to 14-Mar **Tusimba Study Centre**

11-Mar to 14-Mar **Tigoni Study Centre**

25-Mar to 28-Mar Jahazi

29-Apr to 02-May **Tigoni Study Centre**

07-May to 09-May **Tigoni House Kiswahili**

28-May to 30-May **Jahazi Young professionals**

24-Jun to 25-Jul**Tigoni Study Centre**

24-Jun to 27-Jun Jahazi

29-Jul to 01-Aug **Tusimba Study Centre**

23-Sep to 26-Sep **Tigoni Study Centre**

01-Oct to 03-Oct **Tigoni House Kiswahili**

21-Oct to 24-Oct Jahazi

21-Oct to 24-Oct **Tusimba Study Centre**

25-Nov to 28-Nov **Tigoni Study Centre**

29-Nov to 01-Dec **Tigoni Study Centre**

For Young men

Weekend: Thursday 7pm - Sunday 4pm

Young Professionals

20-May to 23-May **Tigoni House**

10-Jun to 13-Jun **Tigoni House**

14-Oct to 17-Oct**Tigoni House***

Reservations:

+254729852647

* Riverside Residence +254700480480

University & College Students

28-Jan to 31-Jan **Nyali**

11-Feb to 14-Feb**Tusimba House**

24-Jun to 27-Jun**Tigoni House**

22-Jul to 25-Jul **Tigoni House**

12-Aug to 15-Aug**Tigoni House**

23-Sep to 26-Sep**Tigoni House**

30-Sep to 03-Oct **Nyali**

16-Sep to 19-Sep**Tusimba House**

04-Oct to 06-Oct**Tigoni House**

21-Oct to 24-Oct**Tusimba House**

25-Nov to 28-Nov**Tigoni House**

25-Nov to 28-Nov **Nyali**

Reservations:

Imara Educational Foundation+254 717381280

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

Spiritual Retreat for Priests

Weekday: Monday 10am - Friday 10am 08-Feb to 12-Feb**Tusimba Study Centre**

03- May to 07-May**Tigoni Study Centre**

27-Dec to 31-Dec Jahazi

Seminar for Priests

6-Sep to 10-Sep Jahazi

Seminar for Seminarians

4-May to 7-May Tigoni House

24-May to 28-May Tusimba House

Reservations:

Imara Educational Foundation

+254 717381280

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

Spiritual Retreats for School boys

12-Mar to 14-Mar****Eastlands
Centre

29-Apr to 02-May Tigoni House

29-Apr to 02-May**Nyali

31-May to 02-Jun****Eastlands Centre

08-Oct to 10-Oct****Eastlands
Centre

29-Nov to 01-Dec *Tigoni House

Reservations:

*Hodari +254 720 278 295

**Nyali +254 720 388 255

****Eastlands Centre +254 718 340 800 pdf | document generated automatically from https://opusdei.org/ en-ke/article/spiritual-retreats-2021/ (12/19/2025)