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# **Spiritual Retreats 2021**

The following spiritual retreats have been organised at the various venues listed below in 2021.

02/24/2021

## **Venues:**

### **Nairobi (Kenya)**

- **Tigoni Study Centre**
- **Tigoni House**
- **Strathmore School**

## **Mombasa (Kenya)**

- **Jahazi Conference Centre**

## **Kampala (Uganda)**

- **Tusimba Study Centre**
- **Tusimba House**

## **Kisumu (Kenya)**

## **Meru (Kenya)**

## **Bungoma (Kenya)**

## **Dar es Salam (Tanzania)**

## **Women**

- **Retreat for Women**
- **Retreat for Young Women**
- **Retreat for School Girls**
- **Retreat for Hospitality Students**
- **Retreat for University & College Students**

# Men

- Retreats for Men
- Retreats for Young Men  
(young professionals)
- Retreats for University &  
College Students
- Retreats For Priests
- Seminar For Priests
- Seminar for Seminarians
- Spiritual Retreats for School  
boys

## For women

**Weekend: Thursday 7pm - Sunday  
4pm**

**Weekday: Monday 10am -  
Wednesday 4pm**

**28-Jan to 31-Jan\* Tigoni Study  
Centre**

**25-Feb to 28-Feb\* Tigoni Study  
Centre**

**22-Mar to 24-Mar\* Tigoni Study  
Centre**

**24-Mar to 27-MarTusimba Study  
Centre**

**15-Apr to 18-Apr \*\*\* Tigoni House**

**13-May to 16-May\* Tigoni Study  
Centre**

**20-May to 23-May Tusimba Study  
Centre**

**27-May to 30-May\* Tigoni Study  
Centre**

**07-Jun to 09-Jun\* Tigoni Study  
Centre**

**08-Jul to 11-Jul\* Tigoni Study Centre**

**22-Julto 25-JulTusimba Study  
Centre**

**29-Jul to 01-Aug\* Tigoni Study  
Centre**

**16-Aug to 18-Aug\* Tigoni Study  
Centre**

**19-Aug to 22-Aug\*\*\* Tigoni House  
Kiswahili**

**21-Oct to 24-Oct\* Tigoni Study  
Centre**

**28-Oct to 31-Oct\* Tigoni Study  
Centre**

**28-Oct to 31-Oct Tusimba Study  
Centre**

**11-Nov to 14-Nov\*\*\*\*\* Jahazi**

**11-Nov to 14-Nov\*\*\* Tigoni House**

**15-Nov to 17-Nov\* Tigoni Study  
Centre**

**02-Dec to 05-Dec\* Tigoni Study  
Centre**

## **06-Dec to 09-Dec\* Tigoni Study Centre**

### **Reservations:**

*\* Samara: +254 202406491*

MPesa Paybill 890200 Kianda Foundation

*\*\* Olokira: +254 703034470/2*

*\*\*\*Watani: +254 572522743*

*\*\*\*\* Jawabu: +254 726895206 or +254 720313841*

Tusimba Study Centre: +256 773781896 or +256 783488419

***For young women***

## **Young Professionals**

**Weekend: Thursday 7pm - Sunday 4pm**

**25-Mar to 28-Mar\*Tigoni House**

03-Jun to 06-Jun **\*Tigoni House**

05-Aug to 08-Aug **\*Tigoni House**

18-Nov to 21-Nov **\*Tigoni House**

02-Dec to 05-Dec **\*\* Tigoni House**

### **Reservations:**

*\*Roshani +254 202712258*

*\*\*Watani: +254 572522743*

### **School Girls**

**Weekend: Thursday 7pm - Sunday  
4pm**

02-Aug to 04-Aug **Tigoni House**

22-Nov to 24-Nov **Tigoni House**

### **Reservations:**

*Faida: +254 721243131 or +254  
738139999*

MPesa Paybill 910196 Faida Centre

Watani: +254 572522743

Jawabu: +254 726895206 or +254  
720313841

## **Hospitality Students**

16-Sep to 19-Sep **Tigoni House**

**Reservations:**

*Kibondeni College* +254 721201117

## **University & College Students**

**Weekend: Thursday 7pm - Sunday  
4pm**

11-Feb to 14-Feb **Jahazi**

26-Aug to 29-Aug\*\* **Tigoni House**

16-Sep to 19-Sep **Jahazi**

07-Oct to 10-Oct\* **Tigoni House**

**Reservations:**



\* *Fanusi: +254 202694139*

Mpesa Paybill 565240 Fanusi Centre

\*\* *Keri: +254 703034480/1*

***For men***

**Weekend: Thursday 7pm - Sunday  
4pm**

**18-Feb to 21-Feb Tusimba Study  
Centre**

**11-Mar to 14-Mar Tusimba Study  
Centre**

**11-Mar to 14-Mar Tigoni Study  
Centre**

**25-Mar to 28-Mar Jahazi**

**29-Apr to 02-May Tigoni Study  
Centre**

**07-May to 09-May Tigoni House  
Kiswahili**

**28-May to 30-May Jahazi Young professionals**

**24-Jun to 25-Jul Tigoni Study Centre**

**24-Jun to 27-Jun Jahazi**

**29-Jul to 01-Aug Tusimba Study Centre**

**23-Sep to 26-Sep Tigoni Study Centre**

**01-Oct to 03-Oct Tigoni House Kiswahili**

**21-Oct to 24-Oct Jahazi**

**21-Oct to 24-Oct Tusimba Study Centre**

**25-Nov to 28-Nov Tigoni Study Centre**

**29-Nov to 01-Dec Tigoni Study Centre**

## **For Young men**

**Weekend: Thursday 7pm - Sunday 4pm**

### **Young Professionals**

**20-May to 23-May Tigoni House**

**10-Jun to 13-Jun Tigoni House**

**14-Oct to 17-Oct Tigoni House\***

### **Reservations:**

**+254729852647**

**\* *Riverside Residence* +254700480480**

### **University & College Students**

**28-Jan to 31-Jan Nyali**

**11-Feb to 14-Feb Tusimba House**

**24-Jun to 27-Jun Tigoni House**

**22-Jul to 25-Jul Tigoni House**

12-Aug to 15-Aug **Tigoni House**

23-Sep to 26-Sep **Tigoni House**

30-Sep to 03-Oct **Nyali**

16-Sep to 19-Sep **Tusimba House**

04-Oct to 06-Oct **Tigoni House**

21-Oct to 24-Oct **Tusimba House**

25-Nov to 28-Nov **Tigoni House**

25-Nov to 28-Nov **Nyali**

### **Reservations:**

*Imara Educational Foundation+254  
717381280*

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

## **Spiritual Retreat for Priests**

**Weekday: Monday 10am - Friday  
10am**

**08-Feb to 12-Feb Tusimba Study  
Centre**

**03- May to 07-May Tigoni Study  
Centre**

**27-Dec to 31-Dec Jahazi**

**Seminar for Priests**

**6-Sep to 10-Sep Jahazi**

**Seminar for Seminarians**

**4-May to 7-May Tigoni House**

**24-May to 28-May Tusimba House**

**Reservations:**

*Imara Educational Foundation*

**+254 717381280**

**M-Pesa Paybill no. 982600.**

**Account Name: Retreat date-month**

# **Spiritual Retreats for School boys**

12-Mar to 14-Mar\*\*\*\***Eastlands Centre**

29-Apr to 02-May **Tigoni House**

29-Apr to 02-May\*\***Nyali**

31-May to 02-Jun\*\*\*\***Eastlands Centre**

08-Oct to 10-Oct\*\*\*\***Eastlands Centre**

29-Nov to 01-Dec \***Tigoni House**

## **Reservations:**

\*Hodari +254 720 278 295

\*\*Nyali +254 720 388 255

\*\*\*\*Eastlands Centre +254 718 340 800

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