

# **Spiritual Retreats 2021**

The following spiritual retreats have been organised at the various venues listed below in 2021.

**02/24/2021**

## **Venues:**

### **Nairobi (Kenya)**

- **Tigoni Study Centre**
- **Tigoni House**
- **Strathmore School**

## **Mombasa (Kenya)**

- **Jahazi Conference Centre**

## **Kampala (Uganda)**

- **Tusimba Study Centre**
- **Tusimba House**

## **Kisumu (Kenya)**

## **Meru (Kenya)**

## **Bungoma (Kenya)**

## **Dar es Salam (Tanzania)**

## **Women**

- **Retreat for Women**
- **Retreat for Young Women**
- **Retreat for School Girls**
- **Retreat for Hospitality Students**
- **Retreat for University & College Students**

## Men

- Retreats for Men
- Retreats for Young Men  
(young professionals)
- Retreats for University & College Students
- Retreats For Priests
- Seminar For Priests
- Seminar for Seminarians
- Spiritual Retreats for School boys

## For women

**Weekend: Thursday 7pm - Sunday 4pm**

**Weekday: Monday 10am - Wednesday 4pm**

**28-Jan to 31-Jan\* Tigoni Study Centre**

**25-Feb to 28-Feb\* Tigoni Study Centre**

**22-Mar to 24-Mar\* Tigoni Study Centre**

**24-Mar to 27-Mar Tusimba Study Centre**

**15-Apr to 18-Apr \*\*\* Tigoni House**

**13-May to 16-May\* Tigoni Study Centre**

**20-May to 23-May Tusimba Study Centre**

**27-May to 30-May\* Tigoni Study Centre**

**07-Jun to 09-Jun\* Tigoni Study Centre**

**08-Jul to 11-Jul\* Tigoni Study Centre**

**22-Jul to 25-Jul Tusimba Study Centre**

**29-Jul to 01-Aug\* Tigoni Study Centre**

**16-Aug to 18-Aug\* Tigoni Study Centre**

**19-Aug to 22-Aug\*\*\* Tigoni House Kiswahili**

**21-Oct to 24-Oct\* Tigoni Study Centre**

**28-Oct to 31-Oct\* Tigoni Study Centre**

**28-Oct to 31-Oct Tusimba Study Centre**

**11-Nov to 14-Nov\*\*\*\* Jahazi**

**11-Nov to 14-Nov\*\*\* Tigoni House**

**15-Nov to 17-Nov\* Tigoni Study Centre**

**02-Dec to 05-Dec\* Tigoni Study Centre**

**06-Dec to 09-Dec\* Tigoni Study Centre**

**Reservations:**

*\* Samara: +254 202406491*

MPesa Paybill 890200 Kianda Foundation

*\*\* Olokira: +254 703034470/2*

*\*\*\*Watani: +254 572522743*

*\*\*\*\* Jawabu: +254 726895206 or +254 720313841*

Tusimba Study Centre: +256 773781896 or +256 783488419

*For young women*

**Young Professionals**

**Weekend: Thursday 7pm - Sunday 4pm**

**25-Mar to 28-Mar \*Tigoni House**

03-Jun to 06-Jun \***Tigoni House**

05-Aug to 08-Aug \***Tigoni House**

18-Nov to 21-Nov \***Tigoni House**

02-Dec to 05-Dec \*\* **Tigoni House**

### **Reservations:**

\**Roshani* +254 202712258

\*\**Watani*: +254 572522743

### **School Girls**

**Weekend: Thursday 7pm - Sunday 4pm**

02-Aug to 04-Aug **Tigoni House**

22-Nov to 24-Nov **Tigoni House**

### **Reservations:**

*Faida*: +254 721243131 or +254 738139999

MPesa Paybill 910196 Faida Centre

Watani: +254 572522743

Jawabu: +254 726895206 or +254 720313841

## **Hospitality Students**

**16-Sep to 19-Sep Tigoni House**

### **Reservations:**

*Kibondeni College* +254 721201117

## **University & College Students**

**Weekend: Thursday 7pm - Sunday 4pm**

**11-Feb to 14-Feb Jahazi**

**26-Aug to 29-Aug\*\* Tigoni House**

**16-Sep to 19-Sep Jahazi**

**07-Oct to 10-Oct\* Tigoni House**

### **Reservations:**

\* *Fanusi*: +254 202694139

Mpesa Paybill 565240 **Fanusi Centre**

\*\* *Keri*: +254 703034480/1

## ***For men***

**Weekend: Thursday 7pm - Sunday 4pm**

**18-Feb to 21-Feb *Tusimba Study Centre***

**11-Mar to 14-Mar *Tusimba Study Centre***

**11-Mar to 14-Mar *Tigoni Study Centre***

**25-Mar to 28-Mar *Jahazi***

**29-Apr to 02-May *Tigoni Study Centre***

**07-May to 09-May *Tigoni House Kiswahili***

28-May to 30-May **Jahazi Young professionals**

24-Jun to 25-Jul **Tigoni Study Centre**

24-Jun to 27-Jun **Jahazi**

29-Jul to 01-Aug **Tusimba Study Centre**

23-Sep to 26-Sep **Tigoni Study Centre**

01-Oct to 03-Oct **Tigoni House Kiswahili**

21-Oct to 24-Oct **Jahazi**

21-Oct to 24-Oct **Tusimba Study Centre**

25-Nov to 28-Nov **Tigoni Study Centre**

29-Nov to 01-Dec **Tigoni Study Centre**

# **For Young men**

**Weekend: Thursday 7pm - Sunday 4pm**

## **Young Professionals**

**20-May to 23-May Tigoni House**

**10-Jun to 13-Jun Tigoni House**

**14-Oct to 17-OctTigoni House\***

## **Reservations:**

**+254729852647**

**\* Riverside Residence +254700480480**

## **University & College Students**

**28-Jan to 31-Jan Nyali**

**11-Feb to 14-FebTusimba House**

**24-Jun to 27-JunTigoni House**

**22-Jul to 25-Jul Tigoni House**

12-Aug to 15-Aug **Tigoni House**

23-Sep to 26-Sep **Tigoni House**

30-Sep to 03-Oct **Nyali**

16-Sep to 19-Sep **Tusimba House**

04-Oct to 06-Oct **Tigoni House**

21-Oct to 24-Oct **Tusimba House**

25-Nov to 28-Nov **Tigoni House**

25-Nov to 28-Nov **Nyali**

### **Reservations:**

*Imara Educational Foundation* +254  
717381280

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

### **Spiritual Retreat for Priests**

**Weekday: Monday 10am - Friday 10am**

08-Feb to 12-Feb **Tusimba Study Centre**

03- May to 07-May **Tigoni Study Centre**

27-Dec to 31-Dec **Jahazi**

**Seminar for Priests**

6-Sep to 10-Sep **Jahazi**

**Seminar for Seminarians**

4-May to 7-May **Tigoni House**

24-May to 28-May **Tusimba House**

**Reservations:**

*Imara Educational Foundation*

+254 717381280

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

# **Spiritual Retreats for School boys**

**12-Mar to 14-Mar\*\*\*\*Eastlands Centre**

**29-Apr to 02-May Tigoni House**

**29-Apr to 02-May\*\*Nyali**

**31-May to 02-Jun\*\*\*\*Eastlands Centre**

**08-Oct to 10-Oct\*\*\*\*Eastlands Centre**

**29-Nov to 01-Dec \*Tigoni House**

## **Reservations:**

**\*Hodari +254 720 278 295**

**\*\*Nyali +254 720 388 255**

**\*\*\*\*Eastlands Centre +254 718 340 800**

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