

Spiritual Retreats 2020

A list of Spiritual Retreats in the following towns and conference centres.

01/11/2020

Nairobi (Kenya)

- **Tigoni Study Centre**
- **Tigoni House**
- **Strathmore School**

Mombasa (Kenya)

- **Jahazi**

Kampala (Uganda)

- **Tusimba Study Centre:**
- **Tusimba House: Kampala (Uganda)**

Kisumu (Kenya)

Meru (Kenya)

Bungoma (Kenya)

Dar es Salam (Tanzania)

Women

- Women
- Young Women
- School Girls
- Hospitality Students
- University & College Students

Men

- Spiritual Retreats for Men
- Retreat For Priests
- Seminar For Priests

- Seminar for Seminarians
- Spiritual Retreats for Young Men
- Spiritual Retreats for School boys

For women

Weekend: Thursday 7pm - Sunday 4pm

Weekday: Monday 10am - Wednesday 4pm

30-Jan to 2-Feb ** Tigoni Study Centre

20-Feb to 23-Feb * Tigoni Study Centre

26-Mar to 29-Mar Tusimba House

30-Mar to 1-Apr *Tigoni Study Centre

16-Apr to 19-Apr Kisumu

16-Apr to 19-Apr * Tigoni House**

21-May to 24-May **Tusimba Study Centre**

21-May to 24-May * **Tigoni Study Centre**

8-Jun(Mon) to 10-Jun(Wed) ** **Tigoni Study Centre TSC**

9-Jul to 12-Jul * **Tigoni Study Centre**

16-Jul to 19-Jul **Bungoma**

30-Jul to 2-Aug ** **Tigoni Study Centre**

3-Aug(Mon) to 5-Aug(Wed) * **Tigoni Study Centre**

20-Aug to 23-Aug * **Tigoni House Kiswahili****

27-Aug to 30-Aug **Meru**

28-Sep(Mon) to 30-Sep(Wed) ** **Tigoni Study Centre**

22-Oct to 25-Oct ** **Tigoni Study Centre**

29-Oct to 1-Nov **Tusimba Study Centre**

29-Oct to 1-Nov * **Tigoni Study Centre**

5-Nov to 8-Nov **** **Jahazi**

9-Nov(Mon) to 11-Nov(Wed) **
Tigoni Study Centre

19-Nov to 22-Nov **Nakuru**

12-Nov to 15-Nov *** **Tigoni House**

3-Dec to 6-Dec ** **Tigoni Study Centre**

7-Dec to 9-Dec(Wed) * **Tigoni Study Centre**

Reservations:

* *Samara: +254 202406491*

MPesa Paybill 890200 Kianda Foundation

**** Olokira: +254 703034470/2**

*****Watani: +254 572522743**

****** Jawabu: +254 726895206 or +254 720313841**

Tusimba Study Centre: +256 773781896 or +256 783488419

For young women

Young Professionals

Weekend: Thursday 7pm - Sunday 4pm

19-Mar to 22-Mar* Tigoni House

4-Jun to 7-Jun *Tigoni House

6-Aug to 9-Aug * Tigoni House

19-Nov to 22-Nov* Tigoni House

3-Dec to 6-Dec Tigoni House**

Reservations:

**Roshani +254 202712258*

***Watani: +254 572522743*

School Girls

Weekend: Thursday 7pm - Sunday 4pm

6-Apr(Mon) to 8-Apr(Wed) Tigoni House

3-Aug(Mon) to 5-Aug(Wed) Tigoni House

23-Nov(Mon) to 25-Nov(Wed) Tigoni House

Reservations:

Faida: +254 721243131 or +254 738139999

MPesa Paybill 910196 Faida Centre

Hospitality Students

30-Mar to 1-Apr **Tigoni House**

20-Apr to 22-Apr **Tigoni House**

11-Sep to 13-Sep **Tigoni House**

28-Sep to 30-Sep **Tigoni House**

Reservations:

Kibondeni College +254 721201117

University & College Students

Weekend: Thursday 7pm - Sunday 4pm

16-Jan to 19-Jan **Tusimba House**

6-Feb to 9-Feb **Eldoret**

13-Feb to 16-Feb ** Tigoni House****

20-Feb to 22-Feb **Jahazi**

5-Mar to 8-Mar **Tusimba House**

30-Apr to 3-May ** Tigoni House

18-Jun to 21-Jun * Tigoni House

6-Aug to 9-Aug Kisumu

27-Aug to 30-Aug ** Tigoni House

11-Sep to 13-Sep Jahazi

8-Oct to 11-Oct Tusimba House

8-Oct to 11-Oct * Tigoni House

5-Nov to 8-Nov ** Tigoni House

5-Nov to 8-Nov Bungoma

Reservations:

*** Fanusi: +254 202694139**

Mpesa Paybill 565240 Fanusi Centre

***** Keri: +254 703034480/1***

For men

Weekend: Thursday 7pm - Sunday 4pm

**6-Feb to 9-Feb Tigoni House
Kiswahili**

**20-Feb to 23-Feb Tusimba Study
Centre**

**12-Mar to 15-Mar Tigoni Study
Centre**

19-Mar to 22-Mar Bungoma

26-Mar to 29-Mar Jahazi

**2-Apr to 5-Apr Tusimba Study
Centre**

**28-May to 31-May Tigoni Study
Centre**

29-May to 1-Jun Jahazi

25-Jun to 28-Jun Tigoni Study Centre

23-Jul to 26-Jul Dar es Salaam

23-Jul to 26-Jul Tigoni Study Centre

30-Jul to 2-Aug Tusimba Study Centre

24-Sep to 27-Sep Tigoni Study Centre

15-Oct to 18-Oct Bungoma

17-Oct to 20-OctJahazi

22-Oct to 25-Oct Tusimba House
Young professionals

26-Nov to 29-Nov Tigoni Study Centre

30-Nov(Mon) to 2-Dec(Wed) Tigoni Study Centre

10-Dec to 13-Dec Tusimba Study Centre

Spiritual Retreat for Priests

Weekday: Monday 10am - Friday 10am

3-Feb to 7-Feb Tusimba Study Centre

4-May to 8-May Tigoni Study Centre

27-Dec to 31-DecJahazi

Seminar for Priests

7-Sep to 11-Sep Jahazi

Seminar for Seminarians

4-May to 8-May Tigoni House

25-May to 29-May Tusimba House

Reservations:

Imara Educational Foundation

+254 717381280

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

Young men

**Spiritual Retreats for University
Students & Young Professionals**

**Weekend: Thursday 7pm - Sunday
4pm**

9-Jan to 12-Jan Tusimba House

23-Jan to 26-Jan Tigoni House

30-Jan to 2-Feb Mombasa

6-Feb to 9-Feb Tusimba House

12-Feb to 16-Feb Kisumu

24-Feb to 26-Feb Tigoni House

27-Feb to 1-Mar Tigoni House

12-Mar to 15-Mar Tusimba House

11-Jun to 14-Jun Tigoni House

25-Jun to 28-Jun Tigoni House

6-Jul to 8-JulTigoni House

23-Jul to 26-Jul Tigoni House

13-Aug to 16-Aug Tigoni House

16-Sep to 20-Sep Kisumu

17-Sep to 20-Sep Jahazi

24-Sep to 27-Sep Tigoni House

1-Oct to 4-Oct Tusimba House

1-Oct to 4-Oct Tigoni House Young Professionals*

15-Oct to 18-Oct Tigoni House

19-Oct to 21-OctTigoni House

18-Nov to 22-NovKisumu

19-Nov to 22-Nov Jahazi

26-Nov to 29-Nov Tigoni House

Reservations:

*Imara Educational Foundation +254
717381280*

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

** Riverside Residence +254700480480*

Spiritual Retreats for School boys

**16-Apr to 19-Apr Strathmore
School*****

**27-Apr to 29-Apr Strathmore
School***

1-May to 3-May **Mombasa

**20-Aug to 23-Aug Strathmore
School*****

**12-Nov to 15-Nov Strathmore
School*****

30-Nov to 2-Dec **Tigoni House***

Reservations:

*Hodari +254 720 278 295

**Nyali +254 720 388 255

****Eastlands Centre +254 718 340
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(02/08/2026)