

Spiritual Retreats 2018

A list of Spiritual Retreat in
Uganda and Kenya in 2018

01/10/2018

A list of Spiritual Retreat in the
following towns and conference
centres.

Nairobi (Kenya)

- **Tigoni Study Centre**
- **Tigoni House**
- **Kimlea Clinic**
- **Eastlands College**

Mombasa (Kenya)

- **Jahazi**

Kampala (Uganda)

- **Tusimba Study Centre:**
- **Tusimba House: Kampala (Uganda)**

Kisumu (Kenya)

Nyeri- Thika (Kenya)

Mumias (Kenya)

Dar es Salam (Tanzania)

Women

- Women
- Young Women
- School Girls
- Hospitality Students
- University & College Students

Men

- Spiritual Retreats for Men
- Retreat For Priests
- Seminar For Priests
- Seminar for Seminarians
- Spiritual Retreats for Young Men
- Spiritual Retreats for School boys

For women

Weekend: Thursday 7pm - Sunday 4pm

Weekday: Monday 10am - Wednesday 4pm

01-Feb to 04-Feb * Tigoni Study Centre

19-Feb to 21-Feb Wed ** Tigoni Study Centre

22-Mar to 25-Mar Kisumu

12-Apr to 15-Apr Tusimba Study Centre

19-Apr to 22-Apr * Tigoni House**

03-May to 06-May Dar-es-Salaam

24-May to 27-May ** Tigoni Study Centre

04-Jun to 06-Jun * Tigoni Study Centre

25-Jun to 27-Jun ** Tigoni Study Centre

28-Jun to 01-Jul * Tigoni Study Centre

29-Jun to 29-Jun ** Jahazi**

05-Jul to 08-Jul Eldoret

16-Jul to 18-Jul * Tigoni Study Centre

19-Jul to 22-Jul ** Tigoni Study Centre

26-Jul to 29-Jul Tusimba Study Centre

13-Aug to 15-Aug ** Tigoni Study Centre

16-Aug to 19-Aug * Tigoni Study Centre

16-Aug to 19-Aug * Tigoni House Kiswahili**

06-Sep to 09-Sep ** Tigoni Study Centre

17-Sep to 19-Sep * Tigoni Study Centre

04-Oct to 07-Oct Busia

25-Oct to 28-Oct Tusimba Study Centre

01-Nov to 04-Nov ** Jahazi**

08-Nov to 11-Nov * Tigoni House**

29-Nov to 02-Dec ** Tigoni Study Centre

06-Dec to 09-Dec * Tigoni Study Centre

Reservations:

*** Samara: +254 202406491**

MPesa Paybill 890200 Kianda Foundation

***** Olokira: +254 703034470/2***

******Watani: +254 572522743***

*******Jawabu: +254 734822906 or +254 720313841***

For young women

Young Professionals

Weekend: Thursday 7pm - Sunday 4pm

01-Mar to 04-Mar Tigoni House

31-May to 03-Jun Tigoni House

09-Aug to 12-Aug Tigoni House

01-Nov to 04-Nov Tigoni House

Reservations:

Roshani +254 202712258

School Girls

Weekend: Thursday 7pm - Sunday 4pm

09-Apr to 11-Apr Tigoni House

13-Aug to 15-Aug Tigoni House

19-Nov to 21-Nov Tigoni House

Reservations:

Faida: +254 721243131 or +254 738139999

MPesa Paybill 910196 Faida Centre

Hospitality Students

05-Apr to 08-Apr Tigoni House

16-Apr to 18-Apr Tigoni House

23-Apr to 25-Apr Tigoni House

03-Dec to 05-Dec Tigoni House

06-Dec to 09-Dec Tigoni House

Reservations:

Kibondeni College +254 721201117

University & College Students

Weekend: Thursday 7pm - Sunday 4pm

18-Jan to 21-Jan Tusimba House

01-Feb to 04-Feb ** Tigoni House

22-Feb to 25-Feb Tusimba House

22-Mar to 25-Mar * Tigoni House

26-Apr to 29-Apr ** Tigoni House

28-Jun to 01-Jul * Tigoni House

05-Jul to 08-Jul Tusimba House

30-Aug to 02-Sep ** Tigoni House

20-Sep to 23-Sep Tusimba House

15-Nov to 18-Nov ** Tigoni House

Reservations:

*** Fanusi: +254 202694139**

Mpesa Paybill 565240 Fanusi Centre

**** Keri: +254 703034480/1**

For men

Weekend: Thursday 7pm - Sunday 4pm

15-Feb to 18-Feb Tusimba Study Centre

22-Feb to 25-Feb **Tigoni House**
Kiswahili

08-Mar to 11-Mar **Tigoni Study Centre**

15-Mar to 18-Mar **Jahazi**

15-Mar to 18-Mar **Mumias**

21-May to 23-May **Tigoni Study Centre**

24-May to 27-May **Tusimba Study Centre**

01-Jun to 03-Jun **Jahazi**

21-Jun to 24-Jun **Tigoni Study Centre**

19-Jul to 22-Jul **Mumias**

26-Jul to 29-Jul **Tigoni Study Centre**

13-Sep to 16-Sep **Tusimba House**

20-Sep to 23-Sep **Tigoni Study Centre**

18-Oct to 21-Oct Mumias

25-Oct to 28-Oct Tigoni Study Centre

26-Oct to 28-Oct Jahazi

01-Nov to 04-Nov Tusimba Study Centre

22-Nov to 25-Nov Tigoni Study Centre

26-Nov to 28-Nov Tigoni Study Centre

Spiritual Retreat for Priests

Weekday: Monday 10am - Friday 10am

29-Jan to 02-Feb Tusimba Study Centre

07-May to 11-May Tigoni Study Centre

27-Dec to 31-Dec Jahazi

Seminar for Priests

10-Sep to 14-Sep Jahazi

Seminar for Seminarians

07-May to 11-May Tigoni House

21-May to 24-May Tusimba House

Reservations:

Imara Educational Foundation

+254 717381280

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

Young men

**Spiritual Retreats for University
Students & Young Professionals**

**Weekend: Thursday 7pm - Sunday
4pm**

11-Jan to 14-Jan Tusimba House

25-Jan to 28-Jan Tigoni House

15-Feb to 18-Feb Jahazi

15-Feb to 18-Feb Tusimba House

15-Feb to 18-Feb Kisumu

01-Mar to 04-Mar Tusimba House

**08-Mar to 11-Mar Tusimba House
Young Professionals**

27-Apr to 30-Apr Jahazi

14-May to 16-May Tigoni House

14-Jun to 17-Jun Tigoni House

21-Jun to 24-Jun Tigoni House

26-Jul to 29-Jul Tigoni House

**23-Aug to 26-Aug Tusimba House
Young Professionals**

23-Aug to 26-Aug Tigoni House

06-Sep to 09-Sep Tusimba House

13-Sep to 16-Sep Kisumu

20-Sep to 23-Sep Tigoni House

27-Sep to 30-Sep Tusimba House

27-Sep to 30-Sep Jahazi

04-Oct to 07-Oct Tigoni House

18-Oct to 21-Oct Tigoni House

15-Nov to 18-Nov Kisumu

22-Nov to 25-Nov Jahazi

22-Nov to 25-Nov Tigoni House

Reservations:

+254795637755

**Spiritual Retreats for School
boys**

**Weekend: Thursday 7pm - Sunday
4pm**

05-Apr to 08-Apr **Eastlands****

26-Apr to 29-Apr **Strathmore School***

09-Aug to 12-Aug **Eastlands****

25-Oct to 28-Oct **Tigoni House****

22-Nov to 25-Nov **Eastlands****

26-Nov to 28-Nov **Tigoni House***

Reservations:

**Hodari +254 720278295*

***Eastlands Centre +254 721439241*