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# Spiritual Retreats 2018

A list of Spiritual Retreat in  
Uganda and Kenya in 2018

01/10/2018

A list of Spiritual Retreat in the  
following towns and conference  
centres.

## **Nairobi (Kenya)**

- **Tigoni Study Centre**
- **Tigoni House**
- **Kimlea Clinic**
- **Eastlands College**

## **Mombasa (Kenya)**

- **Jahazi**

## **Kampala (Uganda)**

- **Tusimba Study Centre:**
- **Tusimba House: Kampala (Uganda)**

## **Kisumu (Kenya)**

## **Nyeri- Thika (Kenya)**

## **Mumias (Kenya)**

## **Dar es Salam (Tanzania)**

## **Women**

- Women
- Young Women
- School Girls
- Hospitality Students
- University & College Students

# Men

- Spiritual Retreats for Men
- Retreat For Priests
- Seminar For Priests
- Seminar for Seminarians
- Spiritual Retreats for Young Men
- Spiritual Retreats for School boys

## For women

**Weekend: Thursday 7pm - Sunday 4pm**

**Weekday: Monday 10am - Wednesday 4pm**

**01-Feb to 04-Feb \* Tigoni Study Centre**

**19-Feb to 21-Feb Wed \*\* Tigoni Study Centre**

**22-Mar to 25-Mar Kisumu**

12-Apr to 15-Apr **Tusimba Study Centre**

19-Apr to 22-Apr \*\*\* **Tigoni House**

03-May to 06-May **Dar-es-Salaam**

24-May to 27-May \*\* **Tigoni Study Centre**

04-Jun to 06-Jun \* **Tigoni Study Centre**

25-Jun to 27-Jun \*\* **Tigoni Study Centre**

28-Jun to 01-Jul \* **Tigoni Study Centre**

29-Jun to 29-Jun \*\*\*\*\* **Jahazi**

05-Jul to 08-Jul **Eldoret**

16-Jul to 18-Jul \* **Tigoni Study Centre**

19-Jul to 22-Jul \*\* **Tigoni Study Centre**

26-Jul to 29-Jul **Tusimba Study Centre**

13-Aug to 15-Aug \*\* **Tigoni Study Centre**

16-Aug to 19-Aug \* **Tigoni Study Centre**

16-Aug to 19-Aug \*\*\* **Tigoni House Kiswahili**

06-Sep to 09-Sep \*\* **Tigoni Study Centre**

17-Sep to 19-Sep \* **Tigoni Study Centre**

04-Oct to 07-Oct **Busia**

25-Oct to 28-Oct **Tusimba Study Centre**

01-Nov to 04-Nov \*\*\*\*\* **Jahazi**

08-Nov to 11-Nov \*\*\* **Tigoni House**

**29-Nov to 02-Dec \*\* Tigoni Study Centre**

**06-Dec to 09-Dec \* Tigoni Study Centre**

### **Reservations:**

*\* Samara: +254 202406491*

*MPesa Paybill 890200 Kianda Foundation*

*\*\* Olokira: +254 703034470/2*

*\*\*\*Watani: +254 572522743*

*\*\*\*\*Jawabu: +254 734822906 or +254 720313841*

**For young women**

**Young Professionals**

**Weekend: Thursday 7pm - Sunday 4pm**

**01-Mar to 04-Mar Tigoni House**

**31-May to 03-Jun Tigoni House**

**09-Aug to 12-Aug Tigoni House**

**01-Nov to 04-Nov Tigoni House**

**Reservations:**

*Roshani +254 202712258*

**School Girls**

**Weekend: Thursday 7pm - Sunday  
4pm**

**09-Apr to 11-Apr Tigoni House**

**13-Aug to 15-Aug Tigoni House**

**19-Nov to 21-Nov Tigoni House**

**Reservations:**

*Faida: +254 721243131 or +254  
738139999*

*MPesa Paybill 910196 Faida Centre*

## **Hospitality Students**

05-Apr to 08-Apr **Tigoni House**

16-Apr to 18-Apr **Tigoni House**

23-Apr to 25-Apr **Tigoni House**

03-Dec to 05-Dec **Tigoni House**

06-Dec to 09-Dec **Tigoni House**

### **Reservations:**

*Kibondeni College +254 721201117*

## **University & College Students**

**Weekend: Thursday 7pm - Sunday 4pm**

18-Jan to 21-Jan **Tusimba House**

01-Feb to 04-Feb \*\* **Tigoni House**

22-Feb to 25-Feb **Tusimba House**

22-Mar to 25-Mar \* **Tigoni House**

26-Apr to 29-Apr **\*\* Tigoni House**

28-Jun to 01-Jul **\* Tigoni House**

05-Jul to 08-Jul **Tusimba House**

30-Aug to 02-Sep **\*\* Tigoni House**

20-Sep to 23-Sep **Tusimba House**

15-Nov to 18-Nov **\*\* Tigoni House**

### **Reservations:**

*\* Fanusi: +254 202694139*

*Mpesa Paybill 565240 Fanusi Centre*

*\*\* Keri: +254 703034480/1*

### **For men**

**Weekend: Thursday 7pm - Sunday  
4pm**

**15-Feb to 18-Feb Tusimba Study  
Centre**

22-Feb to 25-Feb **Tigoni House**  
**Kiswahili**

08-Mar to 11-Mar **Tigoni Study**  
**Centre**

15-Mar to 18-Mar **Jahazi**

15-Mar to 18-Mar **Mumias**

21-May to 23-May **Tigoni Study**  
**Centre**

24-May to 27-May **Tusimba Study**  
**Centre**

01-Jun to 03-Jun **Jahazi**

21-Jun to 24-Jun **Tigoni Study Centre**

19-Jul to 22-Jul **Mumias**

26-Jul to 29-Jul **Tigoni Study Centre**

13-Sep to 16-Sep **Tusimba House**

20-Sep to 23-Sep **Tigoni Study**  
**Centre**

**18-Oct to 21-Oct Mumias**

**25-Oct to 28-Oct Tigoni Study Centre**

**26-Oct to 28-Oct Jahazi**

**01-Nov to 04-Nov Tusimba Study Centre**

**22-Nov to 25-Nov Tigoni Study Centre**

**26-Nov to 28-Nov Tigoni Study Centre**

## **Spiritual Retreat for Priests**

**Weekday: Monday 10am - Friday 10am**

**29-Jan to 02-Feb Tusimba Study Centre**

**07-May to 11-May Tigoni Study Centre**

**27-Dec to 31-Dec Jahazi**

## **Seminar for Priests**

10-Sep to 14-Sep Jahazi

## **Seminar for Seminarians**

07-May to 11-May Tigoni House

21-May to 24-May Tusimba House

### **Reservations:**

*Imara Educational Foundation*

+254 717381280

*M-Pesa Paybill no. 982600.*

Account Name: Retreat date-month

## **Young men**

**Spiritual Retreats for University  
Students & Young Professionals**

**Weekend: Thursday 7pm - Sunday  
4pm**

11-Jan to 14-Jan **Tusimba House**

25-Jan to 28-Jan **Tigoni House**

15-Feb to 18-Feb **Jahazi**

15-Feb to 18-Feb **Tusimba House**

15-Feb to 18-Feb **Kisumu**

01-Mar to 04-Mar **Tusimba House**

08-Mar to 11-Mar **Tusimba House**  
**Young Professionals**

27-Apr to 30-Apr **Jahazi**

14-May to 16-May **Tigoni House**

14-Jun to 17-Jun **Tigoni House**

21-Jun to 24-Jun **Tigoni House**

26-Jul to 29-Jul **Tigoni House**

23-Aug to 26-Aug **Tusimba House**  
**Young Professionals**

23-Aug to 26-Aug **Tigoni House**

**06-Sep to 09-Sep Tusimba House**

**13-Sep to 16-Sep Kisumu**

**20-Sep to 23-Sep Tigoni House**

**27-Sep to 30-Sep Tusimba House**

**27-Sep to 30-Sep Jahazi**

**04-Oct to 07-Oct Tigoni House**

**18-Oct to 21-Oct Tigoni House**

**15-Nov to 18-Nov Kisumu**

**22-Nov to 25-Nov Jahazi**

**22-Nov to 25-Nov Tigoni House**

**Reservations:**

**+254795637755**

**Spiritual Retreats for School  
boys**

**Weekend: Thursday 7pm - Sunday  
4pm**

05-Apr to 08-Apr **Eastlands\*\***

26-Apr to 29-Apr **Strathmore  
School\***

09-Aug to 12-Aug **Eastlands\*\***

25-Oct to 28-Oct **Tigoni House\*\***

22-Nov to 25-Nov **Eastlands\*\***

26-Nov to 28-Nov **Tigoni House\***

### **Reservations:**

*\*Hodari +254 720278295*

*\*\*Eastlands Centre +254 721439241*

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