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Spiritual Retreats 2018

A list of Spiritual Retreat in
Uganda and Kenya in 2018

01/10/2018

A list of Spiritual Retreat in the
following towns and conference
centres.

Nairobi (Kenya)

- **Tigoni Study Centre**
- **Tigoni House**
- **Kimlea Clinic**
- **Eastlands College**

Mombasa (Kenya)

- **Jahazi**

Kampala (Uganda)

- **Tusimba Study Centre:**
- **Tusimba House: Kampala (Uganda)**

Kisumu (Kenya)

Nyeri- Thika (Kenya)

Mumias (Kenya)

Dar es Salam (Tanzania)

Women

- Women
- Young Women
- School Girls
- Hospitality Students
- University & College Students

Men

- Spiritual Retreats for Men
- Retreat For Priests
- Seminar For Priests
- Seminar for Seminarians
- Spiritual Retreats for Young Men
- Spiritual Retreats for School boys

For women

Weekend: Thursday 7pm - Sunday 4pm

Weekday: Monday 10am - Wednesday 4pm

01-Feb to 04-Feb * Tigoni Study Centre

19-Feb to 21-Feb Wed ** Tigoni Study Centre

22-Mar to 25-Mar Kisumu

12-Apr to 15-Apr **Tusimba Study Centre**

19-Apr to 22-Apr *** **Tigoni House**

03-May to 06-May **Dar-es-Salaam**

24-May to 27-May ** **Tigoni Study Centre**

04-Jun to 06-Jun * **Tigoni Study Centre**

25-Jun to 27-Jun ** **Tigoni Study Centre**

28-Jun to 01-Jul * **Tigoni Study Centre**

29-Jun to 29-Jun **** **Jahazi**

05-Jul to 08-Jul **Eldoret**

16-Jul to 18-Jul * **Tigoni Study Centre**

19-Jul to 22-Jul ** **Tigoni Study Centre**

26-Jul to 29-Jul **Tusimba Study
Centre**

13-Aug to 15-Aug ** **Tigoni Study
Centre**

16-Aug to 19-Aug * **Tigoni Study
Centre**

16-Aug to 19-Aug *** **Tigoni House
Kiswahili**

06-Sep to 09-Sep ** **Tigoni Study
Centre**

17-Sep to 19-Sep * **Tigoni Study
Centre**

04-Oct to 07-Oct **Busia**

25-Oct to 28-Oct **Tusimba Study
Centre**

01-Nov to 04-Nov **** **Jahazi**

08-Nov to 11-Nov *** **Tigoni House**

29-Nov to 02-Dec **** Tigoni Study Centre**

06-Dec to 09-Dec *** Tigoni Study Centre**

Reservations:

** Samara: +254 202406491*

MPesa Paybill 890200 Kianda Foundation

*** Olokira: +254 703034470/2*

****Watani: +254 572522743*

*****Jawabu: +254 734822906 or +254 720313841*

For young women

Young Professionals

Weekend: Thursday 7pm - Sunday 4pm

01-Mar to 04-Mar **Tigoni House**

31-May to 03-Jun **Tigoni House**

09-Aug to 12-Aug **Tigoni House**

01-Nov to 04-Nov **Tigoni House**

Reservations:

Roshani +254 202712258

School Girls

**Weekend: Thursday 7pm - Sunday
4pm**

09-Apr to 11-Apr **Tigoni House**

13-Aug to 15-Aug **Tigoni House**

19-Nov to 21-Nov **Tigoni House**

Reservations:

*Faida: +254 721243131 or +254
738139999*

MPesa Paybill 910196 Faida Centre

Hospitality Students

05-Apr to 08-Apr **Tigoni House**

16-Apr to 18-Apr **Tigoni House**

23-Apr to 25-Apr **Tigoni House**

03-Dec to 05-Dec **Tigoni House**

06-Dec to 09-Dec **Tigoni House**

Reservations:

Kibondeni College +254 721201117

University & College Students

**Weekend: Thursday 7pm - Sunday
4pm**

18-Jan to 21-Jan **Tusimba House**

01-Feb to 04-Feb **** Tigoni House**

22-Feb to 25-Feb **Tusimba House**

22-Mar to 25-Mar *** Tigoni House**

26-Apr to 29-Apr **** Tigoni House**

28-Jun to 01-Jul *** Tigoni House**

05-Jul to 08-Jul **Tusimba House**

30-Aug to 02-Sep **** Tigoni House**

20-Sep to 23-Sep **Tusimba House**

15-Nov to 18-Nov **** Tigoni House**

Reservations:

** Fanusi: +254 202694139*

Mpesa Paybill 565240 Fanusi Centre

*** Keri: +254 703034480/1*

For men

**Weekend: Thursday 7pm - Sunday
4pm**

15-Feb to 18-Feb **Tusimba Study
Centre**

22-Feb to 25-Feb **Tigoni House**
Kiswahili

08-Mar to 11-Mar **Tigoni Study**
Centre

15-Mar to 18-Mar **Jahazi**

15-Mar to 18-Mar **Mumias**

21-May to 23-May **Tigoni Study**
Centre

24-May to 27-May **Tusimba Study**
Centre

01-Jun to 03-Jun **Jahazi**

21-Jun to 24-Jun **Tigoni Study Centre**

19-Jul to 22-Jul **Mumias**

26-Jul to 29-Jul **Tigoni Study Centre**

13-Sep to 16-Sep **Tusimba House**

20-Sep to 23-Sep **Tigoni Study**
Centre

18-Oct to 21-Oct **Mumias**

25-Oct to 28-Oct **Tigoni Study Centre**

26-Oct to 28-Oct **Jahazi**

01-Nov to 04-Nov **Tusimba Study Centre**

22-Nov to 25-Nov **Tigoni Study Centre**

26-Nov to 28-Nov **Tigoni Study Centre**

Spiritual Retreat for Priests

Weekday: Monday 10am - Friday 10am

29-Jan to 02-Feb **Tusimba Study Centre**

07-May to 11-May **Tigoni Study Centre**

27-Dec to 31-Dec **Jahazi**

Seminar for Priests

10-Sep to 14-Sep **Jahazi**

Seminar for Seminarians

07-May to 11-May **Tigoni House**

21-May to 24-May **Tusimba House**

Reservations:

Imara Educational Foundation

+254 717381280

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

Young men

**Spiritual Retreats for University
Students & Young Professionals**

**Weekend: Thursday 7pm - Sunday
4pm**

11-Jan to 14-Jan **Tusimba House**

25-Jan to 28-Jan **Tigoni House**

15-Feb to 18-Feb **Jahazi**

15-Feb to 18-Feb **Tusimba House**

15-Feb to 18-Feb **Kisumu**

01-Mar to 04-Mar **Tusimba House**

08-Mar to 11-Mar **Tusimba House**
Young Professionals

27-Apr to 30-Apr **Jahazi**

14-May to 16-May **Tigoni House**

14-Jun to 17-Jun **Tigoni House**

21-Jun to 24-Jun **Tigoni House**

26-Jul to 29-Jul **Tigoni House**

23-Aug to 26-Aug **Tusimba House**
Young Professionals

23-Aug to 26-Aug **Tigoni House**

06-Sep to 09-Sep Tusimba House

13-Sep to 16-Sep Kisumu

20-Sep to 23-Sep Tigoni House

27-Sep to 30-Sep Tusimba House

27-Sep to 30-Sep Jahazi

04-Oct to 07-Oct Tigoni House

18-Oct to 21-Oct Tigoni House

15-Nov to 18-Nov Kisumu

22-Nov to 25-Nov Jahazi

22-Nov to 25-Nov Tigoni House

Reservations:

+254795637755

**Spiritual Retreats for School
boys**

**Weekend: Thursday 7pm - Sunday
4pm**

05-Apr to 08-Apr **Eastlands****

26-Apr to 29-Apr **Strathmore
School***

09-Aug to 12-Aug **Eastlands****

25-Oct to 28-Oct **Tigoni House****

22-Nov to 25-Nov **Eastlands****

26-Nov to 28-Nov **Tigoni House***

Reservations:

**Hodari +254 720278295*

***Eastlands Centre +254 721439241*