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# Online recollection

## May 2021

The day of recollection is a time for prayer and reflection on some topics of our spiritual life.

05/09/2021

**Spiritual Reading:** Cheerful detachment from possessions

<https://opusdei.org/en/article/cheerful-detachment-from-material-possessions/>

**Meditation One: Our Lady of Africa**

**Holy Rosary:** <https://opusdei.org/en-ph/article/a-marian-month/> and <https://opusdei.org/en-ke/article/family-pilgrimages-to-our-lady-amid-the-pandemic/>

## **Meditation Two: Saints in the Domestic Church**

### **Examination of conscience**

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