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Online Recollection Jan 2021

The day of recollection is a time for prayer and reflection on some topics of our spiritual life.

01/11/2021

- 1. Spiritual Reading: Sobriety and happiness. Temperance and self-mastery. https://opusdei.org/en/article/temperance-and-self-mastery-ii/
- 2. Meditation 1: The virtue of humility. Beginning and beginning

again in one's personal struggle. Optimism.

- 3. The Way of the Cross:https://www.escrivaworks.org/book/the_way_of_the_cross.htm
- 4. Meditation 2: *Deus caritas est*: love for God and for others. Friendship.
- 5. <u>Download PDF of the Examination</u> of conscience

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