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# Online Recollection for July 2020

The day of recollection is a time for prayer and reflection on some topics of our spiritual life.

07/08/2020

1. Spiritual Reading: Spiritual direction and freedom: sincerity, trust and faith.

<https://opusdei.org/en/article/authors-of-our-own-lives/>

<https://opusdei.org/en/dailytext/let-us-love-spiritual-direction/>

2. Meditation 1: The need of formation

3. The Way of the Cross [https://www.escrivaworks.org/book/the\\_way\\_of\\_the\\_cross.htm](https://www.escrivaworks.org/book/the_way_of_the_cross.htm)

4.- Meditation 2: Constancy in the plan of spiritual life

5. Examination of conscience

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