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# **Jesus Cares St Raphael Meditation (5 July 2020)**

During the coming weeks, we will publish, in audio format, some meditations preached by priests, which can help strengthen your life of prayer.

07/03/2020

Matthew 11:25-30

“Come to me, all you who labour and are burdened, and I will give you rest...”

In a world that seems not to give peace of mind to anyone, especially young people, Jesus invites all who are frustrated and about to give up to place at his feet all their problems. He is always ready to help them move forward by outpouring his grace. For this to happen, our life of daily prayer should not be neglected.

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