

opusdei.org

Heaven in Daily Instalments Episode 14

Kneeling does not come from any culture – it comes from the Bible.” Let us not forget to bend our knees. It is a good physical and spiritual exercise. “O come, let us worship and bow down, let us kneel before the Lord, our Maker! (Ps 95:6).

04/06/2023

pdf | document generated
automatically from [https://opusdei.org/
en-ke/article/heaven-in-daily-
instalments-episode-14/](https://opusdei.org/en-ke/article/heaven-in-daily-instalments-episode-14/) (08/15/2025)