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# Centres for Men in East Africa

There are several centres for men in Nairobi and other towns in Kenya as well as in Uganda

01/18/2018

**Eastlands Centre (high school boys, college students and professionals).**

Off: Lunga Lunga Rd

P.O.Box 66956

00200 Nairobi

Contact Person: Mr. Moses Muthaka

Tel: +254 721 439241

E-mail: [mmuthaka@ect.ac.ke](mailto:mmuthaka@ect.ac.ke)

Website: : [www.ect.ac.ke/about-us/eastlands-center/](http://www.ect.ac.ke/about-us/eastlands-center/)

## **Hodari Club (For primary and high school boys)**

Ndoto Rd, Lavington

P. O. Box: 25165

00603 Nairobi

Tel: +254-720 278 295

Email: [hodariclub@gmail.com](mailto:hodariclub@gmail.com)

Website: [www.hodariclub.or.ke](http://www.hodariclub.or.ke)

## **Mbagathi Study Centre (University Students)**

Ole Sangale Rd

P. O. Box: 59857

00200 Nairobi

Tel: +254-795637755

Email:

[mbagathistudycentre@gmail.com](mailto:mbagathistudycentre@gmail.com)

Website: [https://  
www.mbagathistudycentre.org](https://www.mbagathistudycentre.org)

## **Satima Study Centre (University Students and young professionals)**

No. 24, Ojijo Rd, Parklands

P. O. Box 9027

0100, Nairobi

Tel: +254-700317464

Email: [info@satima.org](mailto:info@satima.org)

Website: [www.satima.org](http://www.satima.org)

## **Sudek Study Centre**

No. 15 & 16, Siwaka Estate,  
Madaraka

P. O. Box: 35010

00100 Nairobi

Email: [director@sudek.org](mailto:director@sudek.org)

Website: [www.sudek.org](http://www.sudek.org)

## **Lavington Centre (for professionals)**

Contact Person: Mr. Rafa Gortazar

**Madaraka Centre (for professionals)**

Contact Person: Andrew Ritho  
+254-729852647

**Mombasa**

**Nyali Study Centre**

Barracks Rd, Mombasa  
P. O. Box: 95596  
80106, Mombasa  
Tel: +254-720-388255

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**Uganda**

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**Bugala Study Centre**

Plot 2 Kyadondo Road, Nakasero  
P.O Box 21706,  
Kampala  
Tel : +256 784 456 393  
email: [info@bugala.org](mailto:info@bugala.org)  
website: [www.bugala.org](http://www.bugala.org)

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## **Regular trips are made to:**

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### **Eldoret**

Kenmosa Village, off Eldoret-Eldama  
Ravine Road

Contact Person: Mr. Philip Kipkoech

Tel: +254 721 945131

### **Kisumu**

Sango Cultural Centre

Impala Way, off Riddoch Road

P. O. Box: 1115

40100, Kisumu

Tel: +254-721 413 604

Contact Person: Mr. Mike Odera

**Nyeri**

Contact Person: Mr. James Kande

Tel: +254-721 758 583

**Nakuru**

Contact Person: Mr. Stephen

Momanyi

Tel: +254-721 438 964

**Machakos**

Contact Person: Mr. Anthony

Kahindi

Tel: +254-721 546 031

**Kitui**

Contact Person: Mr. Vincent

Ndoloka

Tel: +254726407046

**Dar es Salaam, Tanzania**

Contact Person: Austine Omeno

Tel: +254 720 382368

**Kigali, Rwanda**

Contact Person: Mr. Elijah Kirabira

Tel: +256 756 858967 / +256 775  
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