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# **What commitments are made by a person who is incorporated in Opus Dei?**

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Hence the incorporation brings with it the commitment to live all that that vocation entails. In its external manifestations this commitment is always situated exclusively on the plane of the person's ecclesial life, without every entering into areas of a temporal nature. This involves the duties that refer to one's spiritual life, to one's own formation, and to active participation in the apostolic activities carried out by the prelature. The bond with Opus Dei, far from interfering with one's temporal obligations, seeks precisely to help a person carry out all of his or her ordinary duties, both in the Church and in civil society.

For some of the faithful, the commitment also includes apostolic celibacy and a greater availability for the apostolic activities proper to the prelature.

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