

“Mary, teacher of prayer”

Love for our Mother will be the breath that kindles into a living flame the embers of virtue hidden in the ashes of your indifference. (The Way, 492)

7 May

Love our Lady. And she will obtain for you abundant grace to conquer in your daily struggle. And the enemy will gain nothing by those foul things that continually seem to boil and rise within you, trying to engulf in their fragrant corruption the high ideals,

the sublime determination that
Christ himself has set in your heart.--
Serviam, I will serve! (The Way, 493)

We go to Jesus--and we 'return' to
him--through Mary. (The Way, 495)

Mary, teacher of prayer. See how she
asks her Son, at Cana. And how she
insists, confidently, with
perseverance. And how she succeeds.
Learn from her. (The Way, 502)

Without God's help it is impossible to
live a clean life. God wants us to be
humble, and to ask him for his help
through our Mother who is his
Mother. You should say to Our Lady,
right now, speaking without the
sound of words, from the
accompanied solitude of your heart:
"O, my Mother, sometimes this poor
heart of mine rebels; but if you help
me ..." She will indeed help you to
keep it clean and to follow the way
God has called you to pursue. The
Virgin Mary will always make it

easier for you to fulfill the Will of
God. (The Forge, 315)

pdf | document generated
automatically from [https://opusdei.org/
en-ie/dailytext/mary-teacher-of-prayer/](https://opusdei.org/en-ie/dailytext/mary-teacher-of-prayer/)
(16/01/2026)