

opusdei.org

“Live a special Communion of Saints”

Communion of Saints.--How shall I explain it? You know what blood-transfusions do for the body? Well that is more or less what the Communion of Saints does for the soul. (The Way, 544)

7 March

Live a special Communion of Saints:
and, in the moments of interior
struggle just as in the hours of

professional work, each of you will feel the joy and the strength of not being alone. (The Way, 545)

We are here, *consummati in unum!* united in prayer and intention, and ready to begin this period of conversation with Our Lord, having renewed our desires to be effective instruments in his hands. Before Jesus in the Blessed Sacrament — how I love to make an act of explicit faith in the real presence of Our Lord in the Eucharist! — use your prayer to stir up in your hearts the eagerness to spread the fervour of their resolute beating to every part of the earth, to the utmost corner of the planet where even one man may be found generously spending his life in the service of God and souls. Thanks to the ineffable reality of the Communion of Saints, we are indeed all joined together — 'fellow workers', St John says— in the task of

spreading the truth and the peace of
the Lord. (Friends of God, 154)

pdf | document generated
automatically from [https://opusdei.org/
en-ie/dailytext/live-a-special-
communion-of-saints/](https://opusdei.org/en-ie/dailytext/live-a-special-communion-of-saints/) (07/03/2026)