

opusdei.org

## **“How many obstacles vanish...”**

The majority of people who have personal problems ``have them" because they selfishly think about themselves. (The Forge, 310)

28 October

Each one of you, if he wants, can find his own way to converse with God. I do not like to talk about methods or formulas, because I have never wished to straitjacket anyone. What I have always tried to do is to encourage everyone to come closer

to Our Lord, respecting each soul as it is, each with its own characteristics. Ask him to introduce his ideas and plans into our lives: not only into our heads, but also into the depths of our hearts and into all our outward actions. I assure you that you will thus be spared many of the disappointments and sorrows of selfishness, and you will find you have the strength to do good to all around you. How many obstacles vanish when in our hearts we place ourselves next to this God of ours, who never abandons us! Jesus' love for his own, for the sick and for the lame, is renewed, expressed in different ways, 'What is the matter?' he asks, and we reply, 'It's my...' At once there is light, or at least the acceptance of his will, and inner peace.

When I encourage you to open your heart in confidence to the Master, I am referring especially to your own

difficulties, because most of the obstacles to our happiness come from our pride, which may be hidden to a greater or less degree. We had thought we were worth a great deal and had a lot of exceptional qualities; then, when others didn't agree, we felt humiliated. This is a good time to pray and to correct our mistaken attitude. We can be sure it is never too late to change our course. But it's wise to start changing it as soon as possible. (Friends of God, 249)

---

pdf | document generated  
automatically from [https://opusdei.org/  
en-ie/dailytext/how-many-obstacles-  
vanish/](https://opusdei.org/en-ie/dailytext/how-many-obstacles-vanish/) (29/01/2026)