

opusdei.org

“Brief indeed is our time for loving”

A son of God fears neither life nor death, because his spiritual life is founded on a sense of divine filiation. So he says to himself: God is my Father and he is the Author of all good; he is all Goodness. But, you and I, do we really act as sons of God? (The Forge, 987)

24 August

For us Christians the fleetingness of our journey through life should instead be a spur to help us make

better use of our time. It should never be a motive for fearing Our Lord, and much less for looking upon death as a disastrous and final end. It had been said in countless ways, some more poetical than others that, by the grace and mercy of God, each year that ends is a step that takes us nearer to Heaven, our final home.

When I reflect on this, how well I understand St Paul's exclamation when he writes to the Corinthians, *tempus breve est* [1]. How short indeed is the time of our passing through this world! For the true Christian these words ring deep down in his heart as a reproach to his lack of generosity, and as a constant invitation to be loyal. Brief indeed is our time for loving, for giving, for making atonement. It would be very wrong, therefore, for us to waste it, or to cast this treasure irresponsibly overboard. We mustn't squander this period of the world's

history which God has entrusted to each one of us...

That day will come for us. It will be our last day, but we're not afraid of it. Trusting firmly in God's grace, we are ready from this very moment to be generous and courageous, and take loving care of little things: we are ready to go and meet Our Lord, with our lamps burning brightly. For the feast of feasts awaits us in Heaven. (Friends of God, 39-40)

[1] 1 Cor 7:29

pdf | document generated
automatically from <https://opusdei.org/en-ie/dailytext/brief-indeed-is-our-time-for-loving/> (13/03/2026)