

opusdei.org

# **Saint Raphael Meditation for 12 July 2020**

During these weeks, we will publish some meditations in audio format, preached by priests in Kenya to young people, which can help strengthen our life of prayer.

07/11/2020

A meditation (guided prayer) on the need for a "plan" for our spiritual life:

.....

pdf | document generated  
automatically from [https://opusdei.org/  
en-ie/article/saint-raphael-meditation-  
for-12-july-2020/](https://opusdei.org/en-ie/article/saint-raphael-meditation-for-12-july-2020/) (04/05/2025)