

opusdei.org

# **Meditation: St Josemaría and the humanity of holiness**

The call to holiness is sublime and practical. The “saint of ordinary life” reminds us of this reality. Holiness is divine and human as is our Lord Jesus in the reality of his Incarnation. A meditation for the feast of St Josemaría Escrivá, Founder of Opus Dei, by Fr. Donncha Ó hAodha.

25/06/2023

Fr. Donncha Ó hAodha

Photo by Timon Studler on  
Unsplash

.....

pdf | document generated  
automatically from [https://opusdei.org/  
en-ie/article/meditation-st-josemaria-  
and-the-humanity-of-holiness/](https://opusdei.org/en-ie/article/meditation-st-josemaria-and-the-humanity-of-holiness/)  
(14/03/2026)