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## **Episode 5 - Caring for others - the perfect fulfilment**

In this episode, Ciara Mannion, wife and mother of two living in Galway describes how she finds meaning everyday by loving others in and through her work.

24/08/2023

This is the fifth in a series of interviews commemorating the 75th anniversary of Opus Dei coming to Ireland.

In this episode, Ciara Mannion, wife and mother of two living in Galway describes how she finds meaning everyday by loving others in and through her work.

We explore the challenge of perfectionism and how to counter it with creativity and flexibility.

Ciara tells us about her conversion in her own faith journey.

She explains how the joy she encountered in members of Opus Dei and the virtues of her.

Ciara Mannion

Ciara Mannion

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