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## How does one get in touch with Opus Dei?

2008-09-16

To learn about Opus Dei's activities of spiritual formation in your area, please fill in the message box below, indicating where you are writing from and any other details you wish to include. Opus Dei's activities of spiritual formation, conducted separately for women and men, are organized at times and places compatible with the professional and

family	obligations	of those	attending
them.			

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