

opusdei.org

“Holiness is not a privilege for the few”

In his 8 April general audience, Pope Leo XIV continued the catechetical cycle on the Second Vatican Council, speaking about the dogmatic constitution “Lumen gentium” and the universal call to holiness.

04/08/2026

Dear brothers and sisters, good morning and welcome!

The Constitution of the Second Vatican Council *Lumen gentium* (LG) on the Church dedicates an entire chapter, the fifth, to the universal vocation to holiness of all the faithful: every one of us is called to live in the grace of God, practising the virtues and imitating Christ. Holiness, according to the Conciliar Constitution, is not a privilege for the few, but a gift that requires every baptized person to strive for the perfection of charity, that is, the fullness of love towards God and towards one's neighbour. Charity is, in fact, the heart of the holiness to which all believers are called: infused by the Father, through the Son Jesus, this virtue "rules over all the means of attaining holiness and gives life to these same means" (LG, 42). The highest level of holiness, as in the early days of the Church, is martyrdom, the "supreme witness of faith and charity" (LG, 50: for this reason, the Council text teaches that

every believer must be ready to confess Christ even unto blood (cf. LG, 42), as has always been the case and continues to be so today. This readiness to bear witness is realized every time Christians leave signs of faith and love in society, committing themselves to justice.

All the Sacraments, and in a pre-eminent way the Eucharist, are nourishment that fosters a holy life, assimilating every person to Christ, the model and measure of holiness. He sanctifies the Church, of which He is the Head and Shepherd: holiness is, from this point of view, His gift, which is manifested in our daily life every time we receive it with joy and respond to it with commitment. In this regard, Saint Paul VI, in the General Audience of 20 October 1965, recalled that the Church, to be authentic, requires that all the baptized must “be holy, that is, truly worthy, strong and faithful children

of hers.” This is realized as an inner transformation, whereby the life of every person is conformed to Christ by virtue of the Holy Spirit (cf. Rom 8:29; LG, 40).

Lumen gentium describes the holiness of the Catholic Church as one of her constitutive characteristics, to receive in faith, inasmuch as she is believed to be “indefectibly holy” (LG, 39): this does not mean that she is so in a full and perfect sense, but that she is called to confirm this divine gift during her pilgrimage towards the eternal destination, walking “amid the persecutions of the world and the consolations of God” (Saint Augustine, *De Civitate Dei* 51,2; LG, 8). The sad reality of sin in the Church, that is, in all of us, invites each person to carry out a serious change of life, entrusting ourselves to the Lord, who renews us in charity. It is precisely this infinite grace, which

sanctifies the Church, that entrusts us with a mission to fulfil day after day: that of our conversion.

Therefore, holiness does not only have a practical nature, as if it were reducible to an ethical commitment, however great, but concerns the very essence of Christian life, both personal and communal.

From this perspective, a decisive role is played by consecrated life, which the Conciliar Constitution considers in the sixth chapter (cf. nos. 43-47).

In the holy People of God, it constitutes a prophetic sign of the new world, experienced here and now in history. Indeed, signs of the Kingdom of God, already present in the mystery of the Church, are those evangelical counsels that shape every experience of consecrated life: poverty, chastity and obedience. These three virtues are not rules that shackle freedom, but liberating gifts of the Holy Spirit, through which

some of the faithful are wholly consecrated to God. Poverty expresses complete trust in Providence, freeing one from calculation and self-interest; obedience takes as its model the self-giving that Christ offered to the Father, freeing one from suspicion and domination; chastity is the gift of a heart that is whole and pure in love, at the service of God and the Church.

By conforming to this style of life, consecrated persons bear witness to the universal vocation of holiness of the entire Church, in the form of radical discipleship. The evangelical counsels manifest full participation in the life of Christ, unto the Cross: it is precisely by the sacrifice of the Crucified One that we are all redeemed and sanctified! By contemplating this event, we know that there is no human experience that God does not redeem: even

suffering, lived in union with the passion of the Lord, becomes a path of holiness. The grace that converts and transforms life thus strengthens us in every trial, pointing us not towards a distant ideal, but towards the encounter with God, who became man out of love. May the Virgin Mary, the all-holy Mother of the Incarnate Word, always sustain and protect our journey.

Cover image: Abraham Hulk Senior: Fishing Boats by the Coast | Wikimedia Commons, image in the public domain

pdf | document generated
automatically from [https://opusdei.org/
en-ca/article/catechesis-pope-leo-
second-vatican-council-12/](https://opusdei.org/en-ca/article/catechesis-pope-leo-second-vatican-council-12/) (04/09/2026)