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## **A spiritual retreat... in 2023?!**

"You are more than a treasure,"  
said St. Josemaría, "you are  
worth more than the sun itself:  
you are worth all Christ's Blood!  
(...) "

03/01/2023

**A RETREAT? YES, A RETREAT!**

A break in a hectic world. To  
withdraw from the daily grind. To  
get away from the daily grind, to get  
closer to oneself, to God, and to what  
is essential.

*"You are more than a treasure," said St. Josemaría, "you are worth more than the sun itself: you are worth all Christ's Blood!*

*How can I fail to take up your soul - pure gold - and place it in the forge, and fashion it with fire and hammer, until that gold nugget is turned into a splendid jewel to offer to my God, to your God?" St. Josemaría, The Forge, Prologue*

***... until that gold nugget is turned into a splendid jewel...***

A special time for polishing and cleaning.

In peace. And tranquility ...

where you take care of yourself, of your soul;

where God takes care of you: it is a one-on-one with Him, and a heart to heart;

where you are taken care of,  
spiritually and materially

and where the surrounding nature  
and the view of our great river opens  
the horizon to you.

*Silence is like the doorkeeper of the  
interior life.* St. Josemaría, *The Way*,  
281

***... a splendid jewel to offer to my  
God, to your God***

My story. Your story.

This time reserved for God is often  
the beginning of a renewal in our  
stories. It is the moment of a  
conversion, a trigger to come closer  
to the faith or to decide to nourish  
ourselves regularly to keep our faith  
alive or the discovery of the project  
that God has traced for us: our  
personal vocation.

It is like discovering the musical score that God has specially composed for us and deciphering it, learning it, in order to bring out all the harmony, all the beauty... and playing it to God, for God.

***...take your soul - pure gold - and work it in the forge ...***

*Where, when:*

Most organized retreats in Québec take place at the Manoir de Beaujeu, in the spring -before Easter and after Easter- and in the fall.

There are retreats for women and men. On weekdays or weekends.

They are either 24 hours, two days or three days long.

Registration is done directly online  
<http://www.manoirdebeaujeu.ca/Retreats/>

**A long term *investment!***

# A retreat? Yes, a retreat!

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