

opusdei.org

## **“Without Him we can do nothing”**

When you feel self love - pride! - stirring within you, making you out to be a superman, it is time to cry out: No! In this way you will savour the joy of the good son of God who goes through life with not a few faults, but doing good. (The Forge, 1054)

19 December

Do you see how necessary it is to know Jesus and lovingly observe his life? I have often gone to look for a

definition or a biography of Jesus in Scripture. And I have found it written by the Holy Spirit: "He went about doing good" [1]. Every single day of Jesus Christ's life on earth, from his birth until his death, can be summed up like that: he filled them all doing good. And in another place Scripture says, "He has done all things well" [2], he finished everything well, he did nothing that wasn't good.

What about you and me, then? Let's take a look to see if we have to put anything right. I certainly can find plenty to improve. I know that by myself I am incapable of doing good. And, since Jesus has said that without him we can do nothing [3], let us, you and me, go to our Lord and ask for his help, through his Mother, in one of those intimate conversations natural to souls who love God. I will say no more, for it's up to each of you to speak to him personally, about

your own needs. Do it interiorly,  
without the noise of words, now —  
while I for my part apply these  
counsels to my own sorry state.  
(Christ is passing by, 16)

[1] Acts 10:38: *Pertransiit  
benefaciendo*

[2] Mark 7:37: *bene omnia fecit*

[3] Cf John 15:5

---

pdf | document generated  
automatically from [https://opusdei.org/  
en-au/dailytext/without-him-we-can-do-  
nothing/](https://opusdei.org/en-au/dailytext/without-him-we-can-do-nothing/) (27/03/2025)