

opusdei.org

## **Monday in Holy Week: “A chance to reflect on and re-live the last hours of Jesus’ life”**

Our sins were the cause of the Passion: of that torture which disfigured the most lovable countenance of Jesus, perfectus Deus, perfectus homo. And again it is our wretchedness that impedes us now from contemplating Our Lord, and makes his figure appear dark and distorted. When our sight is blurred, when our eyes are

clouded, we need to go to the light.

30 March

And Christ has said: Ego sum lux mundi! (John 8:12), I am the light of the world. And he adds: He that follows me walks not in darkness, but shall have the light of life. (The Way of the Cross, Sixth Station, 1)

During this week which Christians traditionally call holy week, we are given another chance to reflect on and to re-live the last hours of Jesus' life. All the things brought to our mind by the different expressions of piety which characterize these days are of course directed to the resurrection, which is, as St Paul says, the basis of our faith. But we should not tread this path too hastily, lest we lose sight of a very simple

fact which we might easily overlook. We will not be able to share in our Lord's resurrection unless we unite ourselves with him in his passion and death. If we are to accompany Christ in his glory at the end of Holy Week, we must first enter into his holocaust and be truly united to him, as he lies dead on Calvary. (..)

Let us meditate on our Lord, wounded from head to foot out of love for us. Using a phrase which approaches the truth, although it does not express its full reality, we can repeat the words of an ancient writer: "The body of Christ is a portrait in pain." At the sight of Christ bruised and broken — just a lifeless body taken down from the cross and given to his Mother — at the sight of Jesus destroyed in this way, we might have thought he had failed utterly. Where are the crowds that once followed him, where is the kingdom he foretold? But this is

victory, not defeat. We are nearer the resurrection than ever before; we are going to see the triumph which he has won with his obedience. (Christ is passing by, 95)

---

pdf | document generated  
automatically from [https://opusdei.org/  
en-au/dailytext/holy-monday-during-  
holy-week-we-are-given-a-chance/](https://opusdei.org/en-au/dailytext/holy-monday-during-holy-week-we-are-given-a-chance/)  
(02/04/2026)