

## “Fight against that weakness”

You are lukewarm if you carry out lazily and reluctantly those things that have to do with our Lord; if deliberately or 'shrewdly' you look for some way of cutting down your duties; if you think only of yourself and of your comfort; if your conversations are idle and vain; if you do not abhor venial sin; if you act from human motives. (The Way, 331)

27 September

Fight against that weakness which makes you lazy and careless in your spiritual life. Remember that it might well be the beginning of lukewarmness... and, in the words of the Scripture, God will vomit the lukewarm out of his mouth. (The Way, 325)

How little Love of God you have when you yield without a fight because it is not a grave sin! (The Way, 328)

How are you going to get out of that state of lukewarmness and lamentable languor if you do not make use of the means? You struggle very little, and when you make an effort, you do so as if annoyed and uneasy. You even hope that your feeble efforts will produce no results, so that you can then justify yourself and you will not have to make demands on yourself and others will

not ask any more of you. (Furrow, 146)

---

pdf | document generated  
automatically from [https://opusdei.org/  
en-au/dailytext/fight-against-that-  
weakness/](https://opusdei.org/en-au/dailytext/fight-against-that-weakness/) (20/01/2026)