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# Catechesis on Prayer

A collection of Pope Francis' audiences on prayer (2020-2021), downloadable as a free eBook.

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“When we pray we must be humble, so that our words may actually be prayers and not just idle talk that

God rejects. We can also pray for the wrong reasons: such as to defeat the enemy at war, without asking ourselves what God thinks of such a war. It is easy to write “God is with us” on a banner; many are eager to ensure that God is with them, but few bother to check whether they are actually with God. In prayer, it is God who must convert us, not we who must convert God. It is humility. I go to pray but You, Lord, convert my heart so that it will ask for what is appropriate, for what will be best for my spiritual health.”

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