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## Lent and Holy Week: The Path to Easter

Some resources for drawing as much spiritual fruit as possible from Lent and Holy Week, in preparation for celebrating our Lord's resurrection on Easter Sunday.

02/28/2022

LENT

• <u>Pope Francis: Message for Lent</u> 2022

- <u>Lent: Path to Conversion:</u> Address by Benedict XVI for Ash Wednesday, February 17, 2010.
- What is Lent?
- <u>Good Books for Lent and Holy</u> Week
- <u>The Conversion of the Children</u> <u>of God</u>: Homily of Saint Josemaria given on 2 March 1952, first Sunday of Lent.
- <u>Lent with Blessed Alvaro</u>: Extract from a letter written on 2 February 1985.
- <u>Lent: a deep sense of</u> <u>reparation</u>: Extract from a letter of Blessed Alvaro written in 1990.
- Christian Mortification: Praying in Body and Soul
- <u>Lent: Pathway to Easter</u>: An article about the centrality of the Paschal Mystery in Christian life.
- <u>The Way of the Cross</u>: A short book by St. Josemaria with points for meditation on each of

the stations of the *Via Crucis*, a devotion much cherished by the Church.

## HOLY WEEK

- "We are on the threshold of <u>Holy Week"</u>: Extract from a 1993 letter of Blessed Alvaro sent to the Prelature's faithful.
- <u>Holy Week: "He Loved Them to</u> <u>the End"</u>: An article on the triduum of Christ's Passion, Death and Resurrection.
- Reflections of the Prelate for Wednesday in Holy Week
- <u>Stabat Mater Playlist: A</u> "Soundtrack" for Holy Saturday
- <u>Holy Saturday : A Day of Silence</u> <u>and Conversion</u>: Reflections by Bishop Javier Echevarria, broadcast on EWTN radio in 2005.

## EASTER SUNDAY

- Easter: "I have risen and am still with you"
- "That my joy may be in you": Easter Audio Meditation of the Prelate
- Christ's Presence in Christians, an Easter Sunday Homily by St. Josemaria Escriva (With Text and Audio)

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