

opusdei.org

# Growing on the Inside (Audio)

A meditation by Fr Eric Nicolai  
from Canada for the feast of St  
Joseph

03/19/2020

An account of the six months Bl.  
Alvaro spent with St. Josemaria and  
others in the Legation of Honduras in  
Madrid in 1937. For the refugees  
there was lethargy and inactivity. For  
Don Alvaro, Josemaria and others, it  
was luminous. It was a time to grow  
inside.

.....

pdf | document generated  
automatically from [https://opusdei.org/  
en-au/article/growing-on-the-inside/](https://opusdei.org/en-au/article/growing-on-the-inside/)  
(04/03/2025)